

PARENT COACH

Dear Parent,

Thank you for your interest in being part of Metro Lacrosse. In the following letter you will find that being a Parent Coach is not much, just being involved at practices and games. The reason for Parent Coaches is to get parents involved in coaching and to learn the game of lacrosse. Each Parent Coach will be assigned to their child's team and supplied with a lacrosse stick throughout the entire season and will be expected to try and show up to all practices and games. You will not be alone in practice or games, there will be three hired coaches that know the game and can teach you the rules. Every team hopefully will try to be equipped with one Parent Coach.

Responsibilities overview:

- Helping other coaches at practices and games
- Facilitating practice with other coaches
- Fill in as a coach, if other coaches are unable to make a practice or game

If you are interested please contact me as soon as possible so I can coordinate everything. If there are any questions that arise please contact Matt Prime at 314-496-6086 or e-mail metrolacrosse@yahoo.com.

Thanks Again,

Matt Prime
Director, Metro Lacrosse